

Total Tox + PFAs Promo Emails

Email 1:

Hi [Patient's Name],

I hope this message finds you well. I'm writing to you today because I'd like to share something that I think could make a huge difference in your health and overall well-being.

Have you ever thought about how our daily environment could affect our health? Unfortunately, we live in a world where we're *constantly* exposed to toxins. They're in the air we breathe, the food we eat, and even the products we use. These toxins play a larger role in our health than we might imagine.

If you've been feeling a bit off lately, or you've been trying to lose weight and it's just not happening, it might not be your fault. Sometimes, our bodies become burdened with more toxins than they can manage—and it can take a serious toll on our health. Toxins can lead to elevated oxidative stress and put excessive demands on our body's detoxification pathways, particularly in the liver. It's like trying to run a marathon with a backpack full of rocks - it makes everything just that much harder.

Our Toxic Burden Bundle can help.

It's a home testing kit that measures your total toxic burden and PFAS Chemical exposure to give you a thorough understanding of what's happening in your body.

The Total Tox Burden measures mycotoxins, heavy metals, and environmental toxins to help you identify and eliminate toxins that may be slowing you down.

The PFAS Chemical Test helps determine your exposure to commonly used perfluoroalkyl and polyfluoroalkyl chemicals. These chemicals are found all around us in everyday consumer goods and even in air, soil, and water. They can build-up and persist in the body for decades, impairing your ability to detox and compromising your immune system.

Testing your total toxic burden is the first step towards understanding what your body is dealing with, so we can develop a personalized plan to lower your exposure and assist your body in detoxing these toxins.

I know—it's a lot to digest. But don't worry, we're here to help and answer any questions you might have.

You can conveniently order this bundle from our online shop by clicking [\[here\]](#).

Remember, health isn't not about chasing perfection. It's about understanding our bodies better and so we can make changes for a healthier life. As always, I'm wishing you a life full of vitality and wellness.

Take care,

[Provider's Name]

Email 2:

Hi [Patient's Name],

I hope you're doing well and finding moments of joy in your day. I wanted to talk to you about something that has been on my mind lately—our constant interaction with toxins in our daily life and how it can impact our health.

I'm sure you've heard the word 'toxins' a lot lately. It seems to be everywhere, from food labels to wellness blogs. But have you ever stopped to consider how these toxins can affect our energy, our ability to maintain a healthy weight, and overall, our wellness?

Our bodies naturally try to get rid of these toxins, but sometimes it becomes a bit too much to handle. It's like trying to tidy up a house while a storm is raging outside, constantly blowing in leaves and debris. The clean-up effort can leave us feeling tired and weighed down. If you've been finding it hard to shake off fatigue or lose weight despite your best efforts, it might be because your body is dealing with a high toxin load.

That's why I want to introduce you to something that could help—our Toxic Burden Bundle. It's an at-home test designed to give you a clearer picture of the toxins your body is grappling with, including mycotoxins, heavy metals, environmental toxins, and PFAS chemicals.

PFAS chemicals, or perfluoroalkyl and polyfluoroalkyl chemicals, are found in our environment and wide range of common consumer goods.

Exposure to PFAS has been linked to symptoms such as hormonal imbalances, respiratory issues, cognitive difficulties, and skin irritations.

Understanding your exposure to PFAS and other dangerous chemicals helps us tailor a personalized plan to minimize future exposure and reduce your toxic burden.

Our aim isn't to alarm you, but to equip you with the knowledge that can make your journey towards health a bit easier. It's about small changes and understanding your body better.

Feel free to explore more about our Toxic Burden Bundle [\[here\]](#).

Wishing you a journey filled with discovery, vitality, and peace.

Stay well,

[Provider's Name]

Email 3:

Hi [Patient's Name],

Today, I'd like to chat with you about something close to my heart – the small, invisible things in our day-to-day lives that might be affecting our wellness more than we realize.

Our modern world, while filled with many conveniences and benefits, also exposes us to a multitude of toxins. They're in the air we breathe, the food we eat, and even the water we drink. Sometimes, these toxins can build up in our bodies and leave us feeling less than our best selves, with nagging symptoms like fatigue, skin rashes, digestive troubles, or even trouble losing weight.

One group of these everyday toxins is called 'PFAS,' short for perfluoroalkyl and polyfluoroalkyl chemicals. They are extraordinarily common in consumer goods, and long-term exposure to them can influence our health in many ways, including hormonal imbalances and respiratory issues.

But there's good news—we're not powerless against these toxins. We've added an at-home testing kit called the Toxic Burden Bundle that's designed to help you understand your body's current toxin levels, including PFAS exposure. With this knowledge, we can work together to develop a plan that suits your body's specific needs and helps lower your toxin levels.

Please remember, the journey towards better health isn't about perfection, but about understanding our bodies and environments better so we can make targeted, personalized changes.

If you're interested, you can learn more about the bundle [\[here\]](#).

Here's to you and your journey towards greater vitality and well-being!

Take care,

[Provider's Name]